

# WILDERNESS CAMP INFORMATION PACKAGE



## A WELCOME MESSAGE:

We strive to make your child's week at Planet Kids a truly memorable experience. Throughout the course of the week, we will be traveling along sections of the Bruce Trail around the Niagara Escarpment. Along our journey, your child will develop practical skills and techniques for wilderness survival and nature exploration. Our utmost priority at camp is in the concern and safety of your child. We have taken every measure necessary to ensure your child's experience is the best it can possibly be. We would like to thank you for signing your child up for Wilderness Camp and wish you a great summer at Planet Kids!

## WHAT TO BRING:

- Bathing Suit
- Toiletries (tooth brush, tooth paste, soap, personal hygiene products as needed)
- Washcloth
- Two Towels
- Sleeping Bag
- Small pillow
- Change of Clothes (long sleeve shirt for night, pajamas, long pants, shorts, a few t-shirts)
- Hat
- Flashlight
- Hiking Shoes/Comfortable Walking Shoes
- Water Shoes/Sandals (Optional)
- Extra Water Bottles
- Lunch for Monday and Tuesday

## WHAT IS PROVIDED:

- Tents (campers assist with setting up the tents)
- Breakfast on Wednesday & Thursday (Cereal and Bagels)
- Lunch on Wednesday & Thursday (campers will assist in preparation of food)
- Dinner on Tuesday & Wednesday (campers will assist in preparation of food)
- Compasses
- Backpacks for Tuesday, Wednesday & Thursday. The backpack will be given to the campers on Monday in order for the campers to pack their belongings for the hike beginning Tuesday morning.

## WHERE YOU WILL BE HIKEING:

- Monday: Hike through the escarpment at Kelso
- Tuesday: Bus to Mount Nemo than hike to Rattle Snake Point and spend the night
- Wednesday: Leave Rattle Snake Point, hike to Hilton Falls then to Kelso. You will spend the night at Kelso.
- Thursday: Hike through the escarpment at Kelso
- Friday: Canoe at Kelso

## FOOD ALLERGIES AND ACCOMMODATIONS:

While we are able to accommodate children needing a vegetarian option for meals, we cannot guarantee that we can meet other dietary needs. If your child does require a vegetarian meal or has a dietary restriction please notify us at least 5 days prior to your child sleeping over.